



Autohaler



1. Hold the Autohaler upright. Remove the mouthpiece cover by pulling down on the lip at the back.
2. Shake the Autohaler. Push the lever on the top of the device up (on).
3. Breathe out gently as far as is comfortable.
4. Put the mouthpiece in your mouth and close your lips around it.
5. Breathe in slowly and steadily through your mouth. Do not stop breathing when the Autohaler clicks – releasing the dose – continue to take a deep breath.
6. Remove the Autohaler from your mouth and hold your breath for up to 10 seconds or as long as possible, then breathe out slowly. Push the lever on the top of the device down (off position).
7. Wait a few seconds before repeating steps 1-6 for a second dose, if needed. Replace mouthpiece cover after use.