



HOW TO USE THE AEROCHAMBER



1. Remove cap, shake inhaler and insert into device.
2. Place mouthpiece in mouth.
3. Start breathing in and out slowly and gently.
4. Once breathing pattern is well established, press canister and leave device in same position as you continue to breathe several more times.
5. Remove device from mouth.
6. Wait about 30 seconds before repeating steps 1-5.